

# Garment Sizing and Application Guide

To ensure optimal DVT prevention, it is important that garments fit correctly on the patient's limb(s). For this to be achieved, the size selection should be based on measurements of the patient's limb according to the following instructions.






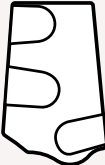
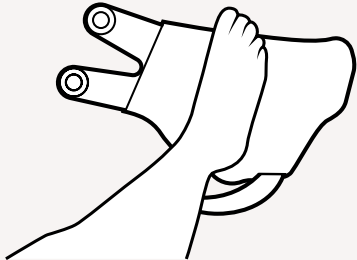
## Garment sizes and where to measure

**Thigh-length garments:** Measure the circumference at the widest part of the upper thigh at buttock fold.\*

**Calf-length garments:** Measure the circumference at the widest part of the calf.

**Foot garments:** Simply use the patient's shoe size.

Where to measure		Thigh garments	Item ref	Upper thigh circumference
	1		L503-M DVT30 DVT40 TRP30 TRP40	≤ 71 cm ≤ 71 cm ≤ 89 cm ≤ 71 cm ≤ 89 cm
	2		L501-M DVT10 DVT20 DVT60L TRP10 TRP20 TRP60L	≤ 43 cm ≤ 43 cm ≤ 58 cm ≤ 81 cm ≤ 43 cm ≤ 58 cm ≤ 81 cm

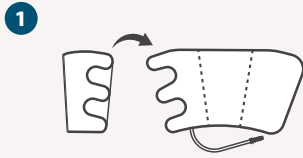
Foot garments				
				
Item ref	Shoe size			
	US (M)	US (F)	Euro	UK
FG100	≤ 7	≤ 9	≤ 40	≤ 7
FG200	≥ 7.5	≥ 9.5	≥ 41	≥ 7.5

\*Normally the widest part of the thigh. As this area of measurement is proximal to where the actual garment will be positioned, the limb circumference measurement used for thigh garments will normally be larger than the actual garment circumference.

### Please note:

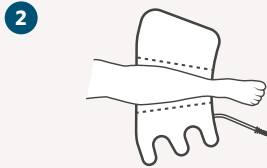
- All garments are intended for single patient use only.
- Calf garments and Thigh garments come in pairs and can be used on either limb. Foot garments are packaged individually and can be used on either foot.
- Garments should be removed regularly to inspect the skin for signs of redness or pressure points.
- Please read the garment IFU for indications and contraindications.

## Calf Garment Application Guide

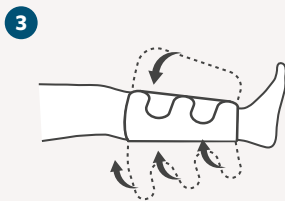


### Prepare

Remove the garment from the sealed bag, release the Velcro® fastener tabs and unfold.



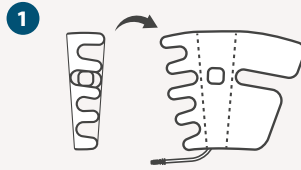
Position the inflatable bladder directly beneath the patient's calf. Check that the tube does not rest beneath the ankle, heel or foot.



### Secure

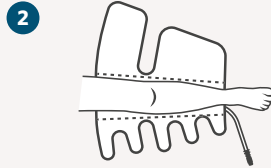
Wrap the garment snugly around the limb and securely attach with the Velcro® fastener tabs. Garments should be positioned in such a way that there is no potential for sustained pressure points on the skin and underlying tissues.

## Thigh Garment Application Guide

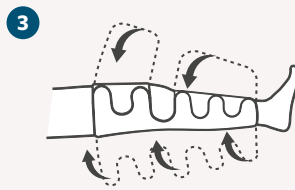


### Prepare

Remove the garment from the sealed bag, release the Velcro® fastener tabs and unfold.



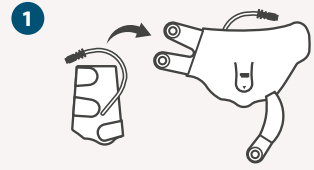
Position the inflatable bladder directly beneath the patient's calf and thigh. Check that the tube does not rest beneath the ankle, heel or foot.



### Secure

Wrap the garment snugly around the limb and securely attach with the Velcro® fastener tabs. Garments should be positioned in such a way that there is no potential for sustained pressure points on the skin and underlying tissues.

## Foot Garment Application Guide

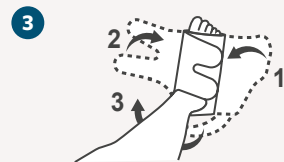


### Prepare

Remove the garment from the sealed bag, release the Velcro® fastener tabs and unfold.



Place the foot in the centre of the garment, ensuring that the back of the garment is in line with the heel as indicated.



### Secure

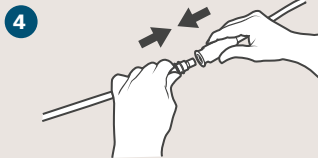
Bring the single flap over the top of the foot and hold in place (1).

Fold the top flaps over the top of the foot and secure the Velcro® fasteners (2). The fit should be snug but comfortable.

Bring the padded heel strap around the back of the heel and secure in place with the Velcro® fastener (3).

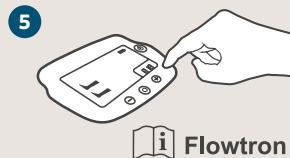
Tighten the strap so that the garment is secure yet comfortable.

Garments should be positioned in such a way that there is no potential for sustained pressure points on the skin and underlying tissues.



### Connect

Connect the garment tubing to one of the pump's integrated tube sets, using the snap-lock connectors. Ensure an audible click is heard.



### Start

Start therapy on the Flowtron pump. Please read the IFU specific for the pump model in use.